



Don't Rely on Luck to Get You Home After Drinking on St. Patrick's Day!



St. Patrick's Day may fall on a Thursday this year, but nationwide bars will be open for business as early as 8:00 a.m., ready to celebrate one of the most alcohol-fueled occasions of the year. As you can imagine, early and sustained drinking makes St. Patrick's Day one of the deadliest holidays for drivers, passengers, and pedestrians. In 2013, over 55 percent of fatal crashes on St. Patrick's Day night were linked to drunk drivers—and that was just between the hours of midnight and 6:00 a.m. Perhaps most worrisome is how many partiers tend to drink far beyond normal levels of intoxication, resulting in drivers who attempt to get behind the wheel at more than double the legal BAC limit. If you are planning on

celebrating this St. Patrick's Day, learn about how [BAC levels affect driving ability](#)—and when you should walk away from your last drink to avoid a drunk driving accident.

Would You Be Able to Spot the Warning Signs of a Traumatic Brain Injury?



You would probably know if you stubbed your toe or got food poisoning from a restaurant, but the [symptoms of a traumatic brain injury](#) are far trickier to recognize. In March, we are supporting National Brain Injury Awareness Month by explaining the common causes of traumatic brain injuries (TBI), the different classifications, and the recognized symptoms that could indicate a life-changing condition. Learn more about these types of injuries, and what you should do if you think you could be affected.

Talk to a Drowsy Driver for National Sleep Awareness Week



Do you have friends who work odd hours, drive for long periods of time, or never seem to get enough sleep at night? According to the National Highway Traffic Safety Administration, these people could be suffering severe lapses in concentration whenever they get behind the wheel. During National Sleep Awareness Week, we're championing the cause by dispelling rumors about drowsy driving—a frighteningly common condition that claims hundreds of lives every year. Find out who is most at risk of causing a [drowsy driving accident](#), how to help your friends stay safe, and how you can take precautions to stay alert behind the wheel.

Inventor of the Bair Hugger Joins the Fight Against His Own Device



Many patients nationwide have become aware of the [infection risks of the Bair Hugger blanket](#), but the most recent patient advocate is the inventor of the device itself. Dr. Scott D. Augustine not only admits that his device can spread bacteria into a patient's wounds during surgery, but he is actively discouraging the use of forced-air warmers in patients undergoing joint and valve replacement. Read about this ongoing case and how you can get justice after suffering from a serious surgical infection.

